

**LET'S GO FOR GAMES**  
**5<sup>TH</sup> – 13<sup>TH</sup> MARCH 2018**

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# LET'S GO FOR GAMES THE NETHERLANDS

On 5<sup>th</sup> March my colleague and I embarked on a journey to the Netherlands to take part in a training programme Let's Go for Games.



# OBJECTIVES OF THE TRAINING SEMINAR

Exchanging experiences on what are the most crucial challenges that youth workers face.

Explore concept of games as an effective opportunity for young people's personal and social development.

Explore and develop games as an effective learning tool for value-education and inclusion in local contexts.

Share experiences among youth worker practitioners.



# GETTING TO KNOW ONE ANOTHER

Upon our arrival, the organizers of this training seminar made sure we all got to know one another. This was done through interesting ice breakers. The ice breakers helped us to feel comfortable with one another and therefore it was easier to work with one another later on through the training seminar.

NAME	
FROM: _____	
WORKS/STUDIES @: _____	
INTERESTS/HOBBIES: _____	
BIRTHDAY: _____	
REPRESENTING: _____	

How do you keep yourself fit & beautiful?

A book, movie or music that you lately discovered & like

What are you good at?

If you had a magic stick, what would you want to change

Places in world that you wish to visit

A rhetoric question you would like to ask...

# INFORMAL LEARNING

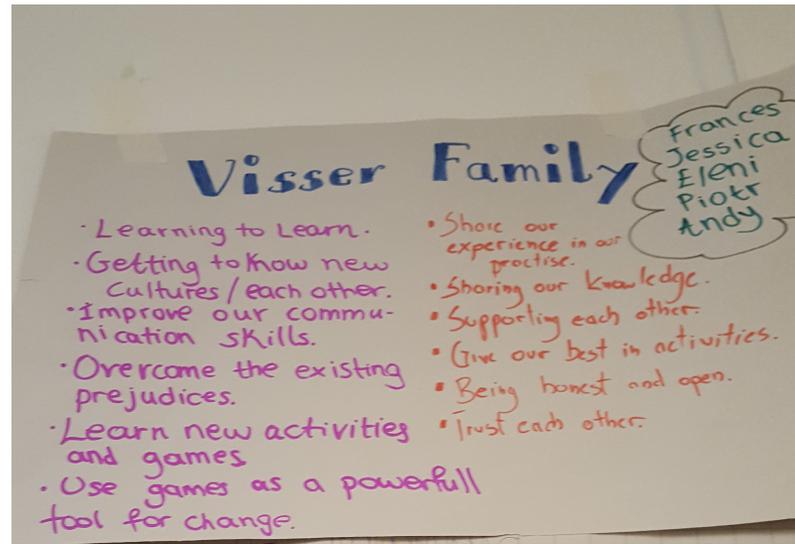
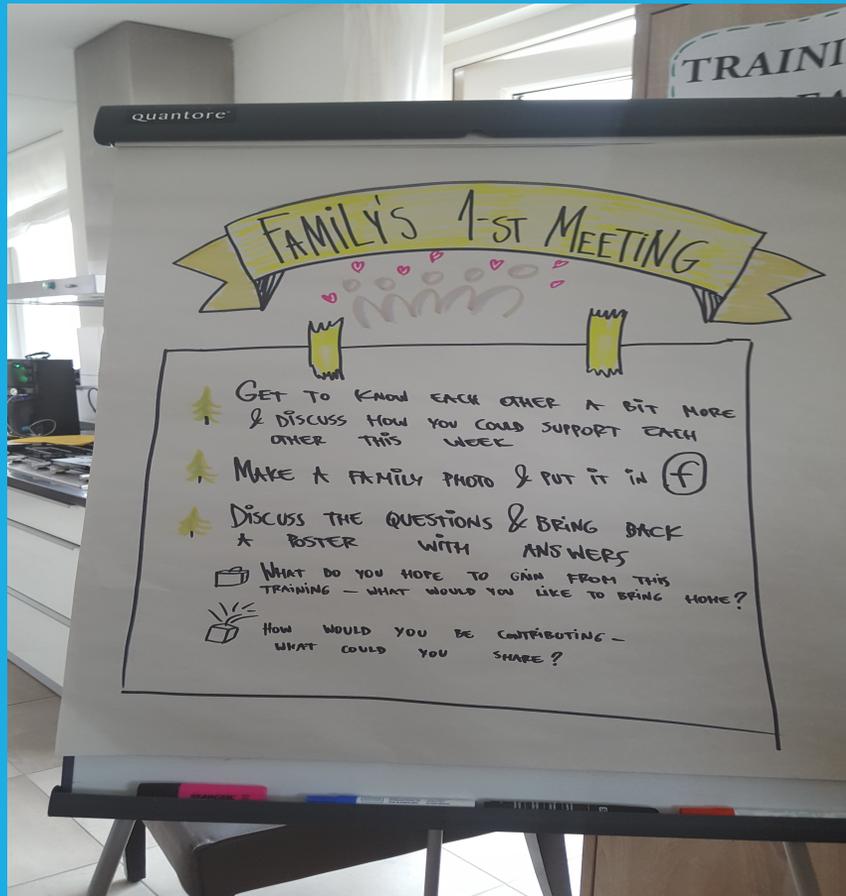


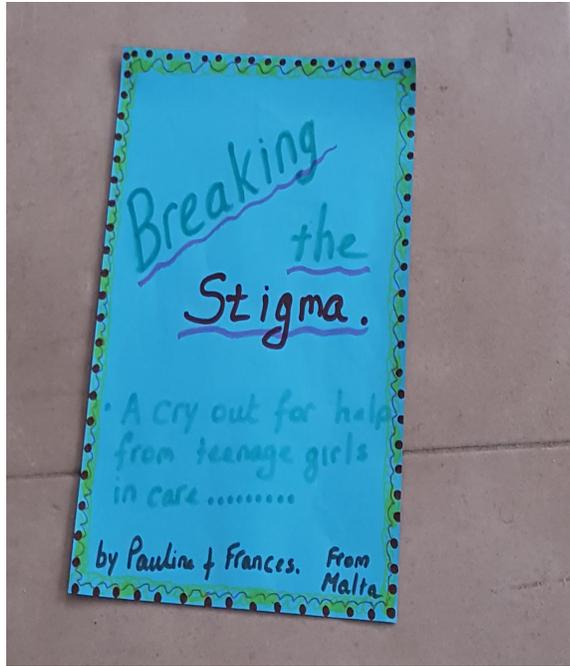
On our first day of training, our trainers outlined the different ways of learning.

Informal learning is an ongoing process in which one learns through participation and observation. Informal learning provides opportunities to work with various methods, such as games.

As participants in this training we were encouraged to explore a diversity of methods to remove existing barriers as well as to challenge our emotions and get out of our comfort zones.

# GROUP BUILDING ACTIVITIES





Participants from each country had to present a case study showing the reality and needs of young people as well as the social changes required.

# THE POWER OF GAMES

Musical chairs, a game known amongst most participants in this training, proved effective in exploring concepts such as exclusion and segregation. This game made us aware of how easy it is to exclude in our everyday life and how it feels to be excluded in particular situations.

A number of games seemed simple at first, however without teamwork, trust and coordination amongst the participants, simple tasks would have proved impossible to achieve.



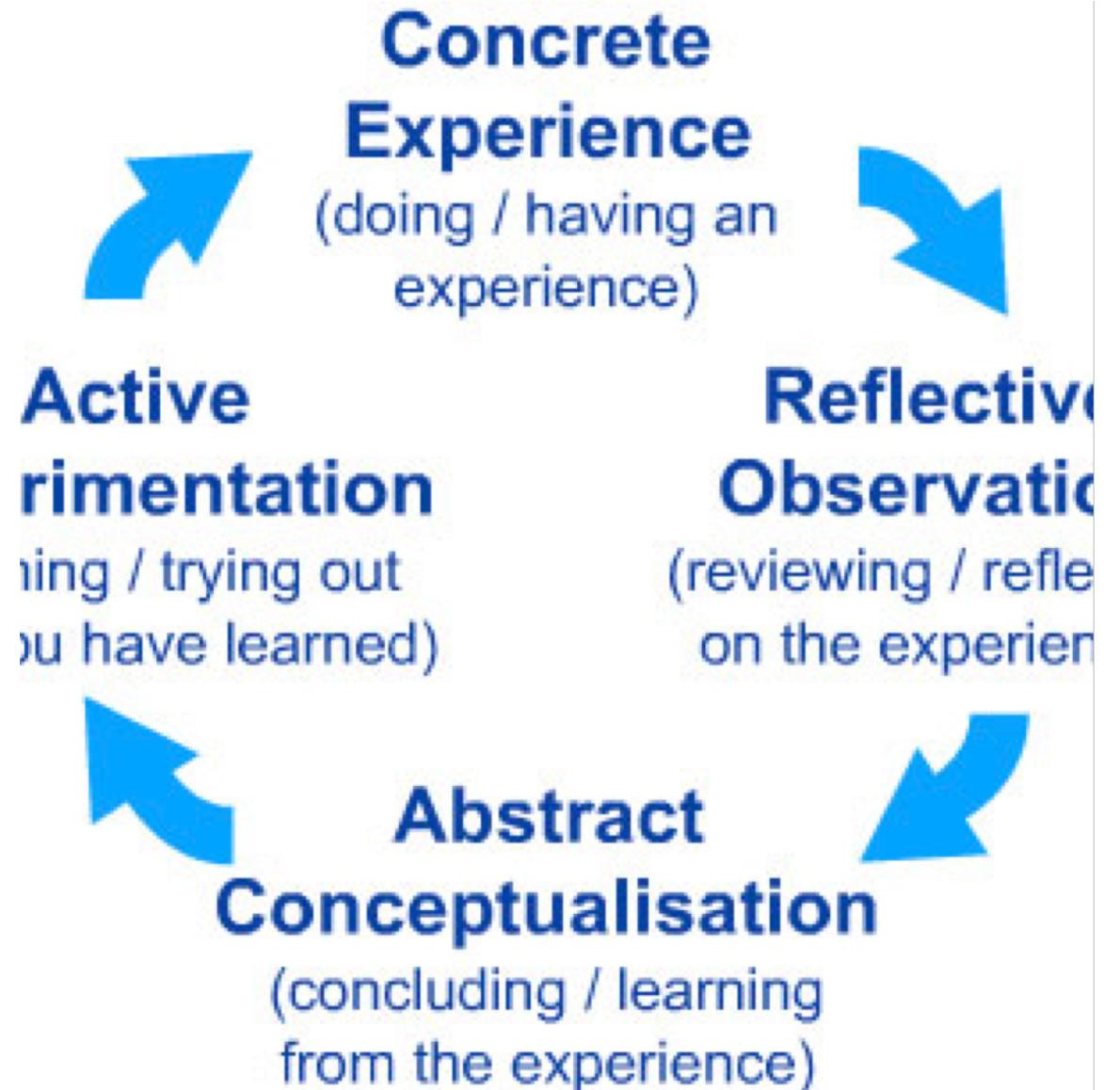
# FREE TIME AROUND AMSTERDAM



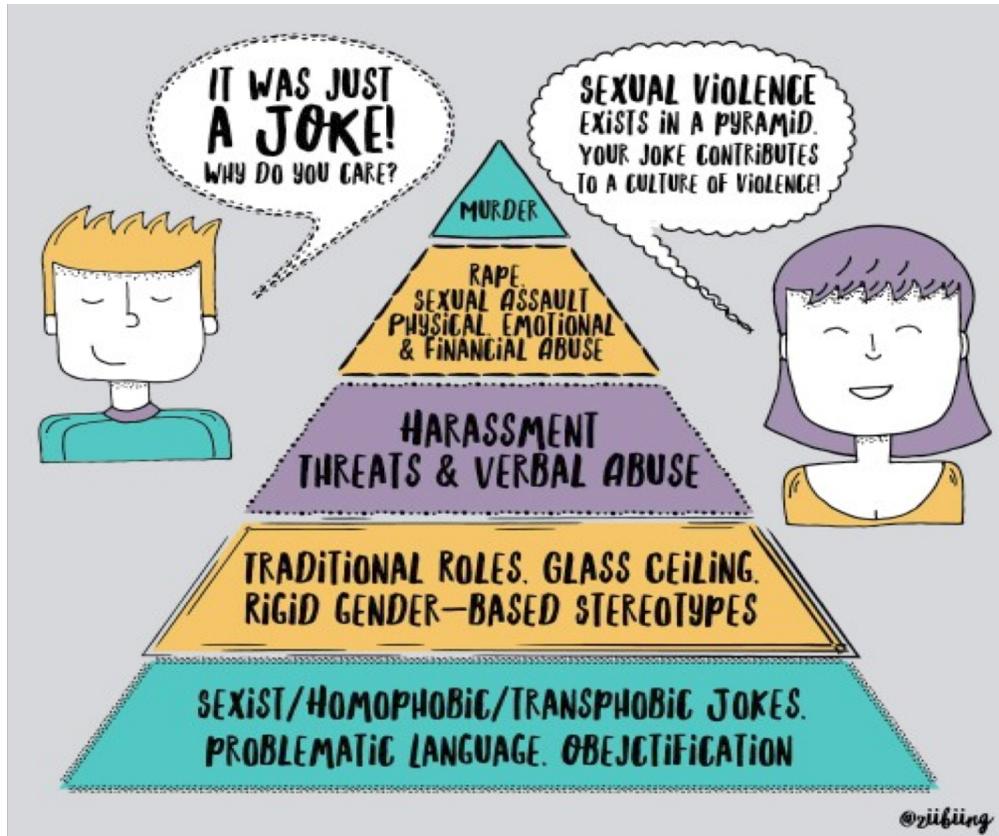
# EXPERIENTIAL LEARNING — DAVID KOLB (1984)

In our line of work, we can use such skills to evaluate and reflect upon challenging situations.

Kolb's experiential learning theory can help us to be more reflective in our line of work in order to improve our skills as care workers.



# PYRAMID OF HATE



Hate speech attacks a person or a group on the basis of attributes such as: race, disability, religion, gender, sexual orientation, and ethnic origin.

Throughout this training, we became more aware of the consequences of hate speech and of stereotypes. While often enough jokes and remarks may seem harmless, our indifference to act is yet again a contribution of indirect prejudice.





# INTERCULTURAL COFFEE BREAK

Each country was assigned a date to organize a cultural coffee break. The aim behind this coffee break was to get a taste of particular food specialties from each participating country. The Maltese Coffee break was organized in conjunction with the Italian coffee break. Needless to say the Maltese food was greatly appreciated.

# EVALUATION AND FEEDBACK

Evaluation and feedback were also given creatively. For instance each and every group had to revisit a particular day of activities and mime out the activities that were held. This was done in order to evaluate the activities in a fun and stimulating way.



# CONCLUSION

By the end of this training, we were given information on various other opportunities and trainings which could enhance our work as care workers within different contexts.

Needless to say, this training has been of great benefit in my personal development as well as in my professional life.



THANK YOU

